

DID YOU LEAVE U SPORTS WITH ELIGIBILITY REMAINING?

*WE WANT TO HEAR ABOUT
YOUR EXPERIENCE.*

University of Saskatchewan Honours Research Study

Leaving Before the Final Whistle: Understanding the Experiences
of Canadian U SPORTS Athletes Who Exit Sport with Remaining Eligibility.



ARE YOU ELIGIBLE?

You may be eligible to participate if you:

- ✓ Competed in U SPORTS at a Canadian post-secondary institution between 2015–2026
- ✓ **Voluntarily OR involuntarily** left your sport before exhausting your U SPORTS eligibility
- ✓ Are 18 years of age or older
- ✓ Can read and understand English



WHAT DOES PARTICIPATION INVOLVE?



Online survey — approximately 10 minutes



Questions about your experiences as a U SPORTS student-athlete, factors that influenced your decision to leave, and your experiences after leaving U SPORTS



At the end of the survey, you can also indicate whether you are interested in a follow-up interview (45–60 minutes).



WHY PARTICIPATE?

Your experiences can help us better understand why student-athletes leave U SPORTS with eligibility remaining, how athletes experience this transition, and what supports may be helpful during this process.

Participation is voluntary.



INTERESTED IN PARTICIPATING?

Take the online survey here:



<https://www.surveymonkey.ca/r/559BG3H>



QUESTIONS?

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