

Blood sugar response to consuming fava bean or pea-based snack foods

We are looking for people (≥ 18 y) who are not diabetic or taking medication for blood glucose.

We are studying the blood sugar (glucose) response after consuming snack foods made of fava beans or peas.

The study involves 3, 4, 5 or 6 lab visits, with each visit lasting 2.5 hours. Compensation will be provided for each visit.

If interested, please contact:

Phone: 306-966-1305 (please leave a message) or email: chilibeck.research@usask.ca