

Research opportunity!

Lower limb asymmetry during functional tasks in relation to measures of strength and pain in older adults with hip and knee osteoarthritis.



What to expect:

- Participants who express interest in this study will be asked a short series of screening questions to ensure eligibility.
- Eligible participants will take part in a 60 minute functional assessment at the Craven SPORT services Training Centre in Saskatoon.
- Participants will complete questionnaires to gauge day-to-day function and activity. These will take up to an additional 30 minutes.
- Eligible participants will receive a \$50 gift card to thank them for their time.



Eligibility criteria:

- Age 60 - 80 at the time of the assessment.
- Have been diagnosed with single limb osteoarthritis in one's hip OR knee joint.
- Have no history of joint replacement surgery in one's hips or knees.
- Able to walk 50m unassisted, and to rise from a chair without the use of one's arms.



Get started!

Contact the Craven SPORT services Training Centre by:

telephone: **(306) 986-3548**

email: **research@cravensportservices.ca**

You will be asked a series of screening questions and scheduled for an assessment time if eligible!

hayley.legg@stmarys.ac.uk

daniel.cleather@stmarys.ac.uk



Scan the QR code to learn more!

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Eligibility criteria:

- Age 60 - 80 at the time of the assessment.
- Have NOT been diagnosed with osteoarthritis in one's hips or knees.
- Have no history of joint replacement surgery in one's hips or knees.
- Able to walk 50m unassisted, and to rise from a chair without the use of one's arms.



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