

Huskie Athletics

Student Trainer Practicum

2023-2024

Huskie Athletics is offering students a valuable practicum experience in the sports medical field while gaining course credits along the way. As a student trainer your role involves supporting Huskie Student-Athletes in their athletic endeavors through the prevention, assessment, treatment and rehabilitation of sports injuries. You will gain first hand experience working alongside licensed Huskie team physiotherapists, as well as your teams integrated support network of health care professionals.

Year 1 Huskie Athletics Student Trainer Practicum 1	<ul style="list-style-type: none">• Term 1: KIN 321 (3 CU's)• Term 1 + 2: KIN 360 (3 CU's)
Year 2 Huskie Athletics Student Trainer Practicum 2	<ul style="list-style-type: none">• Term 1 + 2: KIN 460 (6 CU's)
Year 3+ Huskie Athletics Senior Student Trainer Program	<ul style="list-style-type: none">• Term 1 + 2: Volunteer + Honorary Eligibility

Components of the Student Trainer Practicum:

- **Team Assignments:** students are placed with a Huskie Athletics Team for a season to cover practices and games, both home and away.
- **Team Orientation:** August 2023, prior to start of the school year. (2 day orientation)
- **Monthly Seminars:** mandatory sessions which cover topics in injury prevention, acute injury management, assessment of sports injuries, rehabilitation principles, exercise prescription and current issues in sport science.
- **Clinic Hours** (1 hour/week): opportunities to shadow/assist physiotherapists in a clinical setting.
- **Assessment:** please see course syllabi attached.

Time Commitment:

On average a student trainer will accrue 120 hours/semester. This involves attending seminars, clinic hours, practice, home games and occasional travel. Coverage for practices is split between the student trainers for each team allowing for flexibility in schedules. Practice coverage extends through break weeks and holidays through the athletic season.

Practicum Admission Requirements:

- A minimum of 30 CU's at the University level.
- First Aid/CPR and First Responder (offered spring 2023)

Note: The *First Responder Course* will be offered in Spring 2023. This course **is highly recommended**. It is offered to students at a highly discounted rate. If you choose not to complete the course, you must present a valid CPR/First Aid Certificate by August 1, 2023. Certifications must be valid until April 2024. First Responder Certifications are valid for three years, and CPR is valid for one year. Students who have completed the course are given preference for placement with contact and collision sports. Certification is valid for three years and can lead to additional opportunities for paid sports coverage in the community.

Interview and Acceptance:

Eligible applicants will be offered a 10 min interview. Numbers interviewed and accepted may vary/year based on demand. Max enrollment for the practicum is 40 students.

Acceptance is based on:

- Academics
- Communication skills
- Volunteer/leadership experience
- Sport experience and involvement
- Overall interest

Important dates:

Jan 20, 2023 – New Applicants Information Session via Zoom 12:30 pm

Feb 1, 2023 – Applications Due

Feb 14 + 15th, 2023 – Interviews

End of March start of April, 2023 – Candidate Notification

Please feel free to contact us at Huskie.health@usask.ca if you have any further questions, or visit us on our website. Thank you for your interest and we look forward to receiving your application.

Sincerely,

Your Huskie Health Team

(Ainsley Oliver, Jessica Pawlik, Stephanie Pepler, Shayne Hayward)



Huskie Athletics Student Trainer Practicum Application: 2023-2024

Name: _____ Gender: M / F

Phone: _____ Email: _____

NSID (abc123): _____ U of S Student Number: _____

Address: _____

Education:

What year of your University program will you be entering in Sept 2023? _____

What is your expected date of convocation? _____

Cumulative Average: _____

Have you taken ACB 221: Y/N

Have you taken KIN 321: Y/N

Leadership experience: (i.e. student council involvement, organized fundraisers, team captain, etc.):

Previous/current volunteer experience: _____

Please briefly describe your hopes and goals for your career path:

Team Assignments are based on the following:

- Seniority in the Student Trainer Program
- Past first aid/CPR practical experience
- Past experience and knowledge of a sport
- Student Trainer availability with regards to team start dates (Summer start dates for Football and Soccer)

Please rank the sports you would be interested in working with: (1-5)

___ Basketball Men	___ Hockey Men	___ Volleyball Men
___ Basketball Women	___ Hockey Women	___ Volleyball Women
___ Soccer Men	___ Football	___ Wrestling
___ Soccer Women	___ Cross Country/Track & Field	



UNIVERSITY OF
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Please check the certificates you hold and *provide a photocopy of the certificate with your application*

- Valid CPR
- Valid First Aid
- Canadian Hockey Safety Program
- SMCS Sports First Aider
- SMCS Sports Taping
- Other (i.e. aquatics) _____

Interviews in person Feb 14, and 15:

- Preference between (9-12)
- Preference between (1-4)

Application due Feb 1, 2023.

Only complete applications will be considered.

Please submit the following to Huskie Health: huskie.health@usask.ca

- Application form
- Certificates
- Resume
- Reference letter (optional)