Appendix C:

Online Recruitment Notice

Title: "Looking for Red River Jiggers"

Jigging Our Health

Principal Investigator Dr. Heather Foulds and Co-Investigators Drs. Phil Chilibeck, Carol Rodgers, Alison Oates and Joel Lanovaz from the College of Kinesiology and Dr. Sarah Oosman from the School of Rehabilitation Science at the University of Saskatchewan and Mr. Scott Duffee, Métis Cultural Consultant and Jigging Instructor, in collaboration with members of Li Toneur Niimiyitoohk Métis Dance Group, are conducting a study about Red River Jigging.

We are looking for individuals:

- 1. At least 18 years of age
- 2. Have experience dancing the Red River Jig, including the "Double Step" at some point in their lives

The study involves completing a short questionnaire and participating in a group interview held either through remote technologies, such as phone, Skype, Webex, Microsoft Outlook meeting, as you are comfortable, or when possible or at the University of Saskatchewan Merlis Belsher Place at the Ron and Jane Graham Sport Science and Health Center. You will be asked to share your experiences of Red River Jigging, how you feel when you are jigging and how Red River Jigging might influence your health.

Your participation will take about 1-2 hours and you will receive an honorarium for participating in the study.

If you are interested and would like some further information please feel free to contact the research team at jigging.study@usask.ca.

You may also contact the Principal Investigator, Dr. Heather Foulds at the University of Saskatchewan (heather.foulds@usask.ca; 306-966-1067).